

THE ARC OF BENTON
COUNTY
ADMINISTRATION
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CORVALLIS, OREGON
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Advocate

May 2004

A NON-PROFIT
ORGANIZATION
ADVOCATING FOR AND
PROVIDING SERVICES, AS
NEEDED, TO
INDIVIDUALS WITH
DEVELOPMENTAL
DISABILITIES AND THEIR
FAMILIES.

Regular Meetings

Membership Committee
Louise Teater's
Home
1st Tuesday 9 AM

The Arc Board Meeting
1st Thursday 7:30 PM

Resale Committee
Arc Office
3rd Monday 10 AM

Safety Committee
Arc Office
3rd Tuesday 10 AM

Bingo Committee
Springfield
4th Monday 11:30 AM

Finance Comm. Arc Office
Monday before BOD Meeting Noon

The Arc Celebrates People

On May 13th, The Arc of Benton County held it's Annual Awards Banquet at the Officer's Club in Adair. About 85 Arc members and friends attended to celebrate award winners and welcome new board members. Bill Lynch, Executive Director of Oregon Developmental Disabilities Council, was Master of Ceremonies. Larry Merriam, a founding member and first President of The Arc of Oregon, inducted 2004-2005 Arc Benton board members.

The evening began with a tasty dinner prepared by Valley Catering, continued with Board Member introductions, award presentations, and finally a power point presentation about The Arc of Benton County.

The following are the 2004 award winners:

**Martha Mumford Volunteer of the Year, Shelia Hilliker
Educator of the Year, Greg Peck
Good Neighbor, Diana Hendrickson
Arc Ambassador, Corvallis Fitness Center
Executive Director's Award, Cody Frakes
Distinguished Service Award, Rosemary Ayres**

These are the new additions to the Board for 2004-2005:

**Dr. Norman Castillo, Director
Kimberly Cleveland, Director
Jack MyKrantz, Director
Barbara Sackett, Re-elected Director**

**Oregon State University
College of Health and Human Services**

SUMMER PRESCHOOL!

Everyone is welcome here!

The OSU Child Development Center invites you and your preschooler to join our Summer Preschool Fun & Enrichment Program! Let us engage your young child in summertime activities that will promote growth and development in social competency, creative expression, problem solving, motor skills, health and nutrition, and literacy basics. Our preschool classes offer enhanced curriculum planning that responds to child interests and developmental strengths. Together we can provide your child a fun and growing experience!

WHO:

Children ages 3 to 6 are welcome to enroll. Including those who have just completed kindergarten!

DATES:

Classes begin Tuesday, June 22 and run every Monday through Thursday until August 12

TIMES:

9:00-11:45 or 1:00-3:45p.m.
(Yes! You can enroll in both am & pm sessions.)

COST: \$275.00

LOCATION:

Bates Hall-OSU campus at
26th & Orchard St.

To Register:

Please contact Joanne Sorte for information and registration materials:
737-2516 or

joanne.sorte@oregonstate.edu

When you enroll you will discover our:

- * Bright and accessible classrooms and play yard
- * Classes of 20 children lead by Instructor faculty Head Teachers with university practicum student teachers
- * Favorable 1:5, adult to child ratio for individualized attention and instruction
- * USDA approved snacks
- * Commitment to play as the code for early childhood education
- * Child-oriented and individualized curriculum approach for young children.
- * Children with special needs are welcomed!
- * Walking field trips
- * Family social events

The Arc has a small fund available to give scholarships to children attending summer preschool or special camps. Call 753-1711

YOUTH IN TRANSITION DO YOU RECEIVE SOCIAL SECURITY BENEFITS?

LEARN ABOUT YOUR BENEFITS BEFORE MAKING DECISIONS ABOUT YOUR FUTURE

Find Out:

- * What happens when you turn 18
- * What work incentives are available to you
- * How you can work part-time and still keep your benefits
- * Educational opportunities related to you benefits

For benefits planning assistance contact the Passage to Independence Project (PIP) at:

Voice: 503-243-2081; 800-452-1694

TTY: 503-323-9161; 800-556-5351

Email: pip@oradvocacy.org

A program of the Oregon Advocacy Center

620 SW Fifth Avenue, 5th Floor Portland, Oregon 97204-1428



Thank you to Awards Banquet Table Sponsors

Each year, The Arc of Benton County asks local businesses and Arc members to donate money to sponsor a table at our awards banquet. These generous donations help self-advocates attend the banquet who would not be able to attend otherwise.

The following donors deserve our thanks!

**Michael & Tari Morse
Tony Van Vliet**

**Dickerhoof Properties
Cliff & Jo Anne Trow
Senator Frank Morse
Rosemary Ayres
Kenneth Bielman
Roger King
Bud & Dot Fredericks
O'Brien Dental Lab
Barbara Sackett
Jack & Barbara MyKrantz
donde's Floors to Go
Town & Country Realty
Mary Fryer**

Northwest Rett Syndrome Foundation 18th Annual Conference

The NWRSF 18th Annual Conference is scheduled for August 5th through August 8th, 2004 at one of Oregon's premiere destinations, Eagle Crest Resort just west of Redmond, Oregon. The conference theme is "From theory to Practice".

All room accommodations are being handled through T&M Travel. Call (541)317-0656 or (888)310-2335, which is toll free in Oregon only. The T&M e-mail address is: tmtravel@earthlink.net. The last day to make hotel room reservations is July 5th, 2004. Rooms at the resort will be next to impossible to obtain after this date.

We are proud to announce geneticist Dr. Patrick MacLeod from the University of Victoria as our keynote speaker. He will include a discussion on Folic Acid as it pertains to Rett Syndrome. Dr. Sergio Ojeda of the Oregon Primate Center will present his latest findings sponsored in part by NWRSF. Dr. Charles d'Amato of Shriners Hospital in Portland, Oregon will address scoliosis as it pertains to Rett Syndrome. Lisa Liberman PhD, a previous speaker at NWRSF conference will again present a discussion regarding the management of siblings in families with disabled children. Dr. Sarojini Budden will provide information regarding the Vagal Nerve Stimulator in management of autonomic dysfunctions in Rett Syndrome. Questions and Answer sessions will accompany all major topics.

Respite care will be provided for Rett children and their siblings. If you plan on bringing your Rett child, please take a few moments to fill out the Respite Care form, providing us with a brief idea of what we need to plan for in terms of respite care. Also, if your child has any dietary issues please let us know so we can inquire with Eagle Crest for their capabilities in assisting you.

There are a limited number of scholarships available this year and they will be awarded on an individual basis according to past participation, need, and several other factors. Enclosed in this newsletter is an application and we would appreciate it if you anticipate needing a scholarship that you would fill it out and mail it in as soon as possible.

For conference registration or any questions, do not hesitate to call (888)326-2185 or visit our website at www.nwrettsyndrome.org.

COUNTRY HOME FOR RENT

Beautiful 3 bedroom, 2 bath with utility room, heat pump, air conditioning, large covered porch, garage, carport and large yard. Located on our family horse farm in south Philomath. We desire a tenant to trade partial or full rent for child care of our gentle, sweet, 14 year old son with multiple disabilities and his active 1 year old brother. Flexible hours to fit your schedule. Experience with young children required as well as excellent references and criminal background check. We will gladly train the right person. Pets are possible with a deposit. Monthly rent is \$800.00 plus a deposit. Available July 1. Please call Julia Neuman before 8pm at 541-929-4033



Money Smart Training

Train (Program for) persons with disabilities on essential money and banking skills with a new, free adult education program, MONEY SMART

The Federal Deposit Insurance Corporation (FDIC) has launched a free training program called Money Smart, geared to teach adults outside the financial mainstream how to enhance money and banking skills. The program consists of 10 instructor-led modules on basic financial topics and presents an interesting opportunity for organizations interested in training persons with disabilities.

The National Disability Institute is the latest in a growing number of organizations to adopt the Money Smart program to improve access to financial education for persons with disabilities and their families.

To learn more about Money Smart, visit <http://www.fdic.gov/consumers/consumer/moneysmart/index.html>



A soccer experience for children with disabilities

TOP Soccer is a community based soccer program designed for children with disabilities, from ages 4-19, to help them gain motor skills, balance, and social skills through soccer activities. The program promotes development rather than competition. In this program everyone is a winner because of the contact we have with these special children, and the gains we see in them. All coaches and aids are volunteers, and donate their time so every child can know the rewards of playing on a team.

If you are interested, join us at the time and place listed below. There is no pre-registration or fee. Registration is completed the first time the child participates.

Corvallis Sports Park
www.corvallissportspark.com
175 SW Twin Oaks Circle
Corvallis, OR 97333

Tuesdays
September 14th—November 9th
4:30—5:30 PM

Contact Megan Tidrington at (541)-757-0776 or leagues@peak.org

TOPS in Oregon was begun in 1997 by Diane Smith, with one location, to offer the opportunity of soccer to the children of the state who suffer disabilities of any form. We now have 10 sites and 14 programs that serve about 140 participants. A 2002 count by the Oregon Department of Education shows that 55,306 school age children in Oregon qualify as having disabilities. Our program touches just a few of these individuals, and we hope it grows to reach many more. Recreational soccer in Oregon has 55,000 participants, with another 6,200+ playing at the Classic Soccer level. TOPS has a need equal to our current Recreational Soccer Program.

The Oregon Conference on Direct Supports

Sponsored by the Oregon Developmental Disabilities Coalition
and Oregon Rehabilitation Association.

Theme: The Power of One

Many years ago in segregated Alabama, a woman sat on a bus and refused to move to a section that had been designated for those of her race. Though she was persecuted for her actions, she was unyielding in her commitment to her values—Rosa Parks' singular action inspired others to take up the fight against prejudice and inequality.

Don't miss this opportunity to unlock the power in YOU to impact the life of another person.



July 28-30, 2004
Corvallis, Oregon

Conference Highlights Include:

A Conference keynote address by Kathie Snow, the author of "Disability is Natural: Revolutionary Common Sense for Raising Successful Children with Disabilities," a groundbreaking manual for parents and others who care about children with disabilities. Kathie's presentation will be unique, inspiring, motivational, valuable, provocative and life-changing.

There will also be two full-day presentations (Wednesday and Thursday) by Rooshey Hasnain from the Institute for Community Inclusion in Boston MA. Rooshey's areas of interests include school-to-adult life transition, organizational capacity-building, and cross-cultural perceptions of disability.

Topics will include ISP, behavior intervention strategies, self-advocates perspective on receiving direct care supports, updates on OARs, Essential Lifestyle Planning, self directed supports, supporting children with developmental disabilities, person-centered planning, protective service investigations, the impact of alcohol and drug use on care giving, stress and time management, ethics, family home support, medical issues relating to medication usage and administration, aging and mental health, leadership, using motivation skills, nutrition, parenting, employment related issues, death, dying and grieving issues, and best practices.

Mark Your Calendars!

Conference: July 28, 29-30, 2004

\$130 for all 3 days
\$45 for Wednesday only
\$55 for Thursday only or Friday only
Cost includes meals

Information/Registration:
Marianne Davis at ORA
1655 25th St SE, Salem OR 97302
Ph: 503-585-3337 // Fax: 503-585-3722
email: mdavis@oregonrehabilitation.org

Where?
OSU LaSells Conference Center in Corvallis, Oregon

**The
Arc**

of Benton County

*Advocating for People with
Developmental Disabilities
Since 1958*

1885 NW 9th Street
Corvallis, OR 97330