

THE ARC OF BENTON
COUNTY
ADMINISTRATION
OFFICE
1885 NW 9TH STREET
CORVALLIS, OREGON
97330
PHONE:
541-753-1711
FAX:
541-758-1354
WEBSITE:
WWW.ARCBENTON.ORG



Advocate

May 2005

Family Support Network

The Benton County Developmental Disabilities Program and The Arc of Benton County have hired Andrea Rogers to coordinate activities proposed by a core group of parents. The core committee is charged with creating networking opportunities for parents of elementary-aged children of Benton County. At their first meeting, it was established that family fun was a guiding principle. Coordinator Andrea offered the following biography:

My name is Andrea Rogers and I am the new Benton County Family Support Network Coordinator. I was born and raised in the Sierra Nevada Foothills of California. Although I went to school in Boise, Idaho for several years, I decided to move to Corvallis in 1995. My husband and I were married in 1998 and in 2001 became the proud parents of boy/girl twins. In 2003 their younger sister was born. In June of 2003, our son was diagnosed with Infantile Autism & Global Developmental Delay. One year later his twin sister was diagnosed with Global Developmental Delay & Autism Spectrum Disorder. Since then they have received other diagnoses including food allergies, verbal dysphasia and sensory integration dysfunction. I have been wanting to coordinate a family support network for over a year and now feel very blessed to have the resources available to connect families together. I am excited about this new venture and hope that many families will be supported and uplifted by this new family cooperative. I encourage any family who would like to be a part of this network to contact me. My e-mail is andrea@arcbenton.org. I can also be reached at (541) 740-7906.

The Family Support Network is planning a kick-off event for families of elementary aged children with DD on June 4, 2005, 11:00 am, to 3:00 pm at the First United Methodist church. Watch for the flyer for more information!

A NON-PROFIT
ORGANIZATION
ADVOCATING FOR AND
PROVIDING SERVICES, AS
NEEDED, TO
INDIVIDUALS WITH
DEVELOPMENTAL
DISABILITIES AND THEIR
FAMILIES.

The Arc Board
1st Thursday

Membership Committee 9 AM
Louise Teater's Home
1st Tuesday

Resale Committee 10 AM
Arc Office
3rd Monday

Safety Committee 10 AM
Arc Office
3rd Tuesday

Bingo Committee 11:30 AM
Springfield
4th Monday

Public Policy 12:30
Arc Office

Finance Comm. 12:30
Arc Office
Monday before
BOD Meeting

FITNESS CLASS BEING OFFERED!

WHO: All are invited to a community-wide Fitness Class for 20 adults.

WHAT: A fun weekly Fitness Class for one term

WHEN: 3:15 – 4:15 pm each
Tuesday & Thursday
April 5 to June 9, 2005

WHERE: Corvallis Fitness Center
327 SW 3rd St.

COST: \$1.00 per person per class

****Registration Required:**
Call Art Koebel at Home Life
753-9015 or email at
koebel@peak.org



**SPONSORS: THE MOVEMENT
STUDIES IN DISABILITY
PROGRAM AT OSU, HOME LIFE,
AND THE ARC**

Pathways to Resilience

Charles Martinez, PhD
Research Scientist, Oregon Social
Learning Center & Oregon Prevention
Research Center
*Cultural Adaptation of "Best Practice"
Interventions for Latino Families:
Methods and Effects*
Wednesday, May 25th, 4 to 6 pm
La Raza Room 208
OSU Memorial Union, Corvallis
Reception following
*Co-sponsored by the OSU Ethnic Studies
Department and the OSU Difference, Power
and Discrimination Program*

Emmy Werner, PhD
Professor Emeritus,
University of California-Davis
*Looking for Trouble in Paradise:
Lessons Learned from Longitudinal
Studies of Resilience*
Friday, June 3, 2 to 4PM
Joyce Powell Leadership Center
OSU Memorial Union, Corvallis
Reception following
*Co-sponsored by the OSU Sociology and
Psychology Departments*

*All lectures are free and open
to the public.*

2005 Annual Awards Banquet

The Arc of Benton County would like to thank the following community members for sponsoring our Annual Awards Banquet on May 5th, 2005 and supporting people with developmental disabilities:

Lanny Zoeller of Town & Country Realty

Michael & Tari Morse

Tony Van Vliet

Cliff & Jo Anne Trow

Rosemary Ayres

Helen & Roger King

Bud & Dot Fredericks

Barbara Sackett

Jack & Barbara MyKrantz

Mary Fryer

Jeff & Linda Merten

Congratulations!

To this year's award winners:

Volunteer of the Year: Luella Oxley

Educator of the Year: Elizabeth Black

Good Neighbor: Lois Marie Zaerr

Arc Ambassador: Debra Gordon

First Citizen: Angel Fain

Direct Service Provider: Barbara Nuckolls

Distinguished Service Award: Art Koebel

Fairview Trust Applications

The procedures and application form for the third round of small grants from the Fairview Community Housing Trust are ready for your use. These grants are available to individuals with developmental disabilities and families of children with developmental disabilities, who are living in the community. The grants can be used to make housing modifications, as well as purchase other equipment. Applications will be accepted between June 10th and July 11th, 2005. Please share this information with others who might be interested.

This information is available on the DHS website at:

<http://www.oregon.gov/DHS/dd/housing.shtml>

WANTED

New Members for "My Club"

- A fun way to meet new people
- Sign up for fun activities
- Grow you own food, flowers, and herbs in the club garden or do crafts.

Meetings will be held every Wednesday beginning April 27th @ 4:00PM at the Harding Center
510 NW 31st Street

Please call Susie Peters with any questions.
766-6196



Last fall, the Equitopia Therapeutic Riding Program moved from the OSU Horse Center to Riverbottom Stables. The group decided to move because they needed a larger pool of appropriate horses than the OSU Horse Center could provide. The move has been very positive for the program. Lynn Honey, owner of Riverbottom, has offered the program flexibility in class times, wonderful horses, and her own experience with horses. She also joined the steering committee along with a couple of other people with previous experience in the field.

The new steering committee, including Frank Schitoskey, Virginia Schitoskey, Richard Lumsden, Susan Wheeler, Jack MyKrantz, Kelley Richardson, and Lynn Honey, along with staff, Karin Frederick, Amy Ferguson and Sue Smith are currently working to re-organize the program, brainstorming fundraising ideas, and looking forward to seeing the program expand. Their hard work is greatly appreciated.



The Arc of Oregon
2005 Convention
June 17-18
Hosted by
The Arc of Benton County
On the OSU Campus
LaSells Stewart Convention Center
& The Alumni Center

Visit The Arc's Website for Details www.arcbenton.org

Members of The Arc of Benton County may attend this convention with waived registration. Meals not included.
Must register immediately. See Registration Form on next page.



Oregon Conference on Direct Supports 2005
LaSells Stewart Conference Center and
CH2M Hill Alumni Center
Oregon State University
Corvallis, Oregon

Sponsored by the
Oregon Developmental
Disabilities Coalition

June 15th-17th, 2005
Go to www.directsupports.com



Registration Form

The Arc of Oregon Convention

June 17/18, 2005

Name _____

Address _____

City _____ **State** _____ **Zip Code** _____

Phone Number _____ **email** _____

Agency _____

Local Chapter _____

Check all that apply:

- Voting Delegate
- State Board Member
- Local Staff
- First Time Attendee
- Local Chapter President
- State President
- State Staff
- Future Club Member
- Please do not print my name on the list of attendees.

Meals (Please select choice for each meal)

- Friday Lunch
 Penne Pasta Vegetable Salad \$15 Apricot Curry Chicken Salad \$15 None \$ _____
- Friday Dinner
 Beef Lasagna \$18 Spinach/Artichoke Lasagna \$18 Fish & Chips \$18 None \$ _____
- Saturday Breakfast
 French Toast/Sausage/Apples \$13 Vegetable Quiche/Fruit \$13 None \$ _____
- Saturday Lunch
 Steak Wrap \$15 Turkey Club Wrap \$15 Veggie Wrap \$15 None \$ _____
- Saturday Banquet
 Grilled Salmon \$25 Eggplant Parmesan \$25 Seared Beef Medallions \$25 None \$ _____

Special dietary needs:

Registration Fee (select one):

	By May 15	After May 15
Member	<input type="radio"/> \$65	<input type="radio"/> \$80
Non-Member*	<input type="radio"/> \$80	<input type="radio"/> \$95
Self-Advocate	<input type="radio"/> \$25	<input type="radio"/> \$40
Friday Only	<input type="radio"/> \$45	<input type="radio"/> \$55
Saturday Only	<input type="radio"/> \$45	<input type="radio"/> \$55

Total Enclosed: \$ _____

Payment

- Check (Payable to "The Arc of Benton County")
- Credit Card Payment:
 - Visa
 - MasterCard

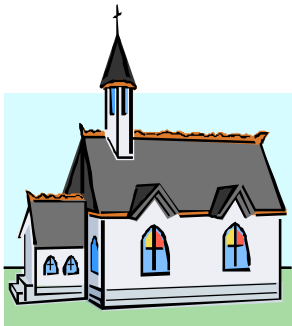
Card Number _____
 Expiration Date (MM/YY) _____
 Cardholder Name _____
 Signature _____

*non-member fee includes a one-year membership in The Arc

Complete and mail with total fees to: The Arc of Benton County
1885 NW 9th Street
Corvallis, OR 97330

ANNUAL VACATION CHURCH WORKSHOP

St. Mary's School Building
501 NW 25th St., Corvallis



June 20-24, 2005; evenings

Sponsored by 10 Corvallis Churches
Volunteer teachers needed

To register or volunteer

Name: _____

Address: _____

Birthday: _____ Phone: _____

Emergency Name: _____

Emergency Phone: _____

Special Needs: _____

Betty Olleman
1005 NW 30th
Corvallis, OR 97330
(541) 752-3667

The Arc of Benton County
Advocating for People with
Developmental Disabilities
Since 1958

1885 NW 9th Street
Corvallis, OR 97330



Cowboys and Cowgirls
Put on your dancin' boots
& gather-up at
The Alumni Center
June 17th, 7:30 to 9:30 PM