

THE ARC OF BENTON COUNTY
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April 2006

A NON-PROFIT ORGANIZATION
ADVOCATING FOR AND
PROVIDING SERVICES, AS
NEEDED, TO INDIVIDUALS
WITH DEVELOPMENTAL
DISABILITIES AND THEIR
FAMILIES.

The Arc Board 1st Thursday	7:30 PM
Membership Committee Louise Teater's Home 1st Tuesday	9:00 AM
Resale Committee Arc Office 3rd Monday	10:00 AM
Equitopia Committee Arc Office 1st Thursday	6:00 PM
Bingo Committee Springfield 4th Monday	11:30 AM
Public Policy Arc Office 3rd Thursday	8:30 AM
Finance Comm. Arc Office Wednesday before The Arc Board meets.	6:00 PM

Help Wanted

Resource Development Committee It is time for The Arc of Benton County to re-energize existing or create new stable funding sources. Maybe, this means we develop a wonderful new event, good for the community and good for our mission. Maybe it means foundation and grant research for targeted funding. Or, maybe it means a combination of the above. We need a few creative minds and a few business minds, and/or a few that are both!

Marketing Wizard(s) In May, a Near-Elvis will sing at our Bingo Hall and our Corvallis store will be proclaimed a magic shop for tuning your used goods into social services. Okay, then. What's next? Who has those brilliant, fun, and exciting ideas to entertain our customers? If you don't want a formal schedule of brainstorm-y work, just call and leave a voicemail when your light bulb turns on. Share your ideas. However, there can hardly be a more delightful kind of committee work. Who wants to break loose and think whacky with Karin?

Resale Volunteers The Resale Corner in Corvallis is in need of greeters and donation assistants and book sorters and dishwashers and flower arrangers and furniture polishers and . . . the list really never ends Your assistance will help make our stores more profitable and release more money for direct services. Consider giving as little as 4 hours per week. Both stores would be happy for new volunteers. Regularly scheduled resale volunteers get a discount at our stores. If you want a "real job," are absolutely a great representative of The Arc, and own a pick-up truck, you might garner some extra cash doing furniture pick-up and delivery as an independent contractor.

DaVinci Days Volunteers Zot Artz adaptive equipment put to use.

Fall Festival Volunteers Your choice, Artists' or Food Booth work.

Equitopia Horseback Riding Program Lead or be a side-walker.

Used Goods Donor You have something to donate to an Arc resale store. Stop feeling guilty and Bring it to the Arc!

Cash Donor Last, but not in the least, least, The Arc is in need of cash. As our human resources and rents become more expensive, our businesses generate smaller profits. Our programs for people with DD have to shrink to function within our declining revenues. If you can't volunteer, send cash. No kidding, send \$.25 to \$25,000. The Arc will appreciate every cent.

E D U C A T I O N

Developmental Disabilities
Resource Fair
April 22, 10 am-2 pm
Brentwood-Darlington Community
Center
7211 SE 62nd Ave., Portland

For families with children birth to five years of age, this free event is being hosted by MPAC. 40 agencies have been invited to showcase the services they offer to families.

Oregon Family Support Network

Ask An Expert About Autism/Aspergers

April 26th, 5:30-6:30 pm
Lincoln Elem., 110 Alexander St.

Come and talk with Sue Holmberg and other parents who's children have Autism/Aspergers. This forum is free and childcare is available. RSVP to Brandy Steiner 766-6340 or brandy.steiner@co.benton.or.us

Easy-To-Read Voting Guide
www.oradvocacy.org/voting

Oregon Rehabilitation Association Workshops

The 6th Annual Pacific Northwest
Conference on Dual Diagnosis
May 11 & 12, 2006
Portland State University

This conference offers two full days of the highest quality training and leading edge information on developmental disabilities, mental illness, and chemical dependency. It features national and regional experts who will present state of the art research and strategies on assessment, therapy, medication, and support of individuals with dual or multiple diagnoses. Also included are sessions on the critical issues of caring for the caregiver-supporting staff and avoiding burnout. Come join other professionals from the northwest in this must-attend event.

Cost: \$195

The Basics of Serving the Dual Diagnosed
June 28, 2006, 9 am–4 pm
Multnomah ESD, 11611 NE Ainsworth Cir., Portland

This training will provide attendees with a basic understanding of the nature of many types of mental illness and how they manifest in people diagnosed with MR/DD. Areas of special focus will be diagnostic dilemmas, violence and mental illness, and borderline personality disorder.

Cost: \$65 (includes lunch)
Presenter: James Clay, Psy. D.

Call Oregon Rehab with questions or to register,
503-585-3337.

Linn Benton Lincoln ESD is offering **two scholarships** to the *Oregon Parent Training and Information Center's Annual Conference* in Salishan the first weekend in May.

If you have a child that is currently in the LBL Early Intervention/Early Childhood Special Education program and are interested in this opportunity, contact Leah Skipworth, 541- 791-4415 or Debbie McPheeters, 753- 1202, ext. 202

Rotarian Renovation

A volunteer group of the Corvallis Rotary, Thursday/Noon Club, led by Dave Grazely on a project jointly engineered with Brad Whiting, combined their efforts on the renovation of a deck-in-need at the residence of 5 individuals with developmental disabilities.

Male good humor and relentless teasing by John Kruger, was interrupted occasionally by the sounds of hammers, wire brushes, the air compressor, saw zu r-r-rs, and tapping on the paint cans. The sounds announced progress being made. The long-term stability of the covered deck was assured by the delinquent, no, I meant, DILIGENT, workers sharing their weekend contractor skills to replace boards showing a bit of dry rot, scrape away old paint to replace it with new, and prepare the outdoor space for the enjoyment of the residents far into the future.

The Arc and the Benco residents are entirely grateful for the successful efforts of the group. Many thanks, Rotary.

Let's Conserve Paper!

How would you like to receive The Arc Advocate by email each month? E-mail your name to news@arcbenton.org requesting the online version of The Arc Advocate.



Take It To The Arc!

Spring is here. The grass is green. The trees are in bloom. That stuff that you put in your garage last fall to donate to The Arc is still sitting there taking up good parking space! Now is the time to . . .

Take It To The Arc!

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H E R E A T T H E A R C

A BITTERSWEET GOODBYE...

On April 19, Dugan Lawrence, stepped down from his position as Manager of The Arc Resale Corner. After four and a half years of dedicated service to The Arc, Dugan has decided that it is time to pursue other interests.

While we are sorry to see Dugan go, we wish him the best as he begins the next part of his journey.

Thank you, Dugan, for all you have done for The Arc of Benton County!

The Arc Resale Corner is responding to new management. Welcome, Charlane Lines! The Arc is happy to have your experience and your enthusiasm in the store. Good Luck and have fun putting your personal touches on the store!

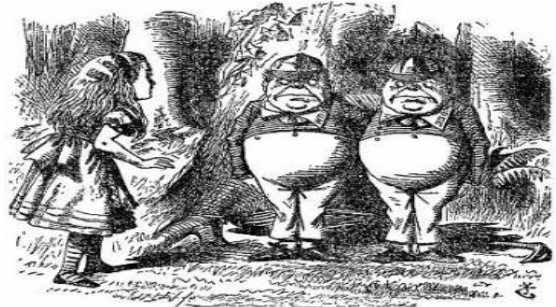
The Benton Foundation awarded The Arc of Benton County the funds to purchase adult-sized "Arts for All" equipment. In collaboration with the Corvallis Parks and Recreation Department, these tools and The Arc's Family Support Network child-sized equipment will be put to use at DaVinci Days. Now, The Arc and Parks and Recreation can support everyone in their production of beautiful artwork! Large walker and wheelchair attachments and specially constructed rollers and printers make doing art truly inclusive.

Oregon Center for Public Policy

www.ocpp.org

Oregon Stuck in Doonesbury

Oregon's economy is growing, but the economic downturn that began in 2001 is still limiting the ability of the State to provide the public services Oregonians want. From school budgets that fail to meet students' needs to health care and child care programs that are unable to help working families needing assistance, Oregonians are still experiencing the impact of the state's revenue shortfall. Unless Oregon suspends the personal and corporate income tax "kickers" projected for 2007, the state General Fund revenues will not recover from the 2001 recession until the 2009-11 budget cycle. The kickers are the Tweedledom and Tweedledee of Oregon fiscal management.



Some groups who oppose better funding for schools and other public services are urging Oregonians to put into the constitution an arbitrary spending cap modeled on the Taxpayer Bill of Rights, or TABOR cap, in Colorado. TABOR is an unnecessary gimmick that does not belong in the Oregon constitution. Even without a spending limit, General Fund revenues as a share of personal income will remain well below pre-recession levels into the foreseeable future.

If Oregon adopts the TABOR arbitrary cap, the State would likely remain permanently mired in Doonesbury.

*Christian Fellowship Night
3rd Thursday each month
Calvin Presbyterian church
7:30-8:45 pm*



*Vacation Church Workshop
St. Mary's Catholic Church
June 19-23
Evenings, (time to be announced)*

The Oregon Developmental Disabilities Coalition is seeking submissions to

Photography Contest & Exhibit

at the 2006 Oregon Conference on Direct Supports

Conference theme: *In Our Shoes*

To those who have walked a million miles and to those who have not walked at all...this year's conference is designed to challenge us all - people with developmental disabilities, direct support professionals, families and advocates. Pay attention to the fit, holes, tread, color, texture and most of all, the feeling of discomfort in giving up your shoes to gain another's perspective. A better understanding of life in each other's shoes will empower us all to support each other with the same vigor in which we would support ourselves. As the Dalai Lama has said, "Compassion occurs only between equals". Take a step towards equality - take a step in each other's shoes.

Please use your camera to share your vision. You may interpret the theme, *In Our Shoes*, visually in a photo or photos that capture the essence of the theme. We would like to see photographers produce compelling images to document reality and beauty in the developmental disability community and beyond. However, subject matter is not restricted to the theme.

Submitted images will be on display at the Oregon Conference on Direct Supports, La Sells Stewart Conference Center, OSU, Corvallis, Oregon, July 19, 20 and 21, 2006.

The photographers of the three most compelling images, as judged by a panel, will receive \$100.00 for each work selected.

Eligibility and Terms

The show is open to photographers with a developmental disability, a family member or friend of a person with a developmental disability, or a professional serving the developmental disability community.

Photographers working in any photographic medium are encouraged to submit works for consideration; there are no limitations of technique or subject matter. Photographers that combine media are welcome to apply as long as the photographic portion carries the majority of the work's weight. All works submitted for consideration must be original and created within the last 3 years.

Works will be selected based on their ability to convey emotional intensity, individual artistic vision and the composition of the work.

A photographer may submit up to 3 images. Each image must include his/her name, address, telephone number, e-mail, and a short artist biography. Digital images and the required information may be e-mailed to info@arcbenton.org or unframed hard copies of the work and the required information may be mailed to: The Arc Gallery, 1885 NW Ninth Street, Corvallis, OR 97330. Submissions will not be returned unless accompanied by a self-addressed envelope affixed with the proper postage. **Deadline for submissions is May 15, 2006.** Entrants will be notified of selection or non-selection for the show by June 15, 2006.

Selected photographs should be matted and/or ready to hang and delivered to The Arc Gallery no later than July 12, 2006. No exhibition fee will be charged.

Use of Project Work

Copyright and ownership of the works submitted to the *In Our Shoes* exhibit belong to the photographer. The Oregon Developmental Disabilities Coalition requests permission to use the photographs in any non-commercial manner for a period of time from July 12, 2006 through August 1, 2007 and to have the right to reproduce all work generated through participation in the show for non-commercial publicity, advertising and educational purposes as well as fundraising, without cost or fee to the photographer. A form to grant this permission will be provided to all entrants.

The Arc of Benton County Family Support Network is creating a directory of local families with children with DD. If you would like to be a part of this directory please fill out this questionnaire. All questions are voluntary and you may choose to answer as few or as many as you wish. The goal of this directory is to provide the names and contact information of others who are going through or have been through similar experiences. We are also asking if you have special, personal interests that might be the same as others in the directory. Maybe like interests can create some fun times to share in common interests. E.g.: fishing, scrap booking, cooking, etc.

Please fill out and return by May 12, 2006 to be included. You may email your information to Andrea Rogers at andrea@arcbenton.org or you may mail this form to the Arc at 1885 NW 9th St Corvallis, OR 97330 *Attn: Family Support Network*

Name: _____

Address: _____

Phone: _____ E-Mail: _____

Children Names & Ages: _____

Disability you deal with: _____

Family Interests: _____

Best way to contact me: _____ Best time to contact me: _____

I am open to taking calls for:

Support Chat Coffee Other: _____ Other: _____

At this time I am not able to take calls but I am open to e-mails

I am not able to chat or e-mail at this time

Is there any other information you would like to add to your directory listing?

I understand that the information I provide here will be shared with others and I might be contacted by others via the method I have specified above.

_____ Date: _____

Readers' Edition of The Advocate

The Arc is on the verge of strategic change. What is important to you and to your family? What do you hope The Arc will continue to do? Stop doing? What are seen as the important functions of The Arc from your point of view? The next newsletter will be written by our readers telling us what they value and why. Submissions will be edited to fit the space available. Try to hold your letters to under 500 words, and provide e-mail or phone contact information. Watch for a survey within the Reader's Edition to capture the information of those who were too busy or too shy to write in.