

THE ARC OF BENTON COUNTY
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The Arc Advocate

April 2007

¶ Call to Self-Advocates ¶

2007 Oregon Conference on Direct Supports
"What Matters Most"

Tuesday– Thursday, July 24– 26, 2007
LaSells Stewart Center, Corvallis, Oregon

A NON-PROFIT ORGANIZATION
ADVOCATING FOR AND
PROVIDING SERVICES, AS
NEEDED, TO INDIVIDUALS
WITH DEVELOPMENTAL
DISABILITIES AND THEIR
FAMILIES.

The Arc Board 1st Thursday	7:30 PM
Finance Committee Arc Office 1st Thursday	6:30 PM
Membership Committee Louise Teater's Home 1st Tuesday	9:00 AM
Resale Committee Arc Office 3rd Monday	10:00 AM
Public Policy Arc Office 3rd Thursday	8:30 AM
Bingo Committee Springfield 4th Monday	11:30 AM

In the spirit of "nothing about me without me," the 2007 Conference welcomes Self-Advocates to the sessions as Life-experts. The Committee wants real advocacy happening in the sessions. Our presenters will be sensitive and well informed, but may still benefit from your point of view.

You are the expert on you and how your disability impacts your life. Listen with your heart. Tell others your point of view:

1. You can speak up in the session.
2. You can get your ideas written on the evaluation after the session.
3. You can remind others about People First Language, if anyone forgets.
4. You can share your experience.

Some have worried that we are looking for "token Self-Advocates" for the sessions. We're not. We're looking for participation. You are the best person to do the advocacy, if it is needed. Share at this Conference what you know about yourself, your experiences and your needs. You will create an even stronger opportunity for professional development of direct supports providers.

Reimbursement for conference fees is available. The application forms will be available soon. Please consider being part of the team that makes the 2007 Conference on Direct Supports *The Best Conference Yet!*



Adair Egg Hunt

Saturday, April 7th at 9:30am
Benton County Park in Adair
For Adair Children, Friends & Special Guests



Age Categories:

- 0-3
- 4-6
- 7-9
- wheelchair
- 10-12
- open



Buddies will be provided for children needing assistance.
Hunt for plastic eggs filled with candy & toys!
For more information: Contact Ray Shimabuku at 753-9317
or at shimabukuray@comcast.net

{ Collaborative project of the Kiwanis Sunriser, Morning Rotary,
The Arc of Benton County, Corvallis Kiwanis Foundation and City
of Adair Village. }

PLEASE JOIN US...

The Arc of Benton County 's
Annual Corporate Meeting
at the Benton County Clubhouse in Adair
Thursday, May 17, 2007 at 5 pm
&
The Arc 2007 Awards Banquet
Thursday, May 17th, 2007 at 6 pm



An Event to Attend
FIRED UP FOR THE FUTURE!

The Arc of Oregon
 2007 Annual State Convention
 May 4 and 5
 at Wildhorse Resort & Casino
 Pendleton, Oregon
Hosted by The Arc of Umatilla County

Scholarships are available for people with developmental disabilities and their families. For information contact The Arc of Umatilla County Tel. 866-600-7615 or e-mail arcuma@eoni.com



Come One, Come All: Work Party May 30-June 3

Join us in creating a great community playground, designed to be accessible. The steering committee will organize volunteers according to skills, and the park will be built in five days. All of our community is invited to celebrate its completion on Sunday, June 3.

For more information about volunteering (or to make a donation), contact: www.newwildcatpark.org or Wilson Elementary School: 757-5858.

☀ Plan Ahead for Summer: VACATION CHURCH WORKSHOP
 June 18—22nd, Evenings 7—9 pm at St. Mary's Catholic Church, Corvallis.
 Call Betty Olleman for more info: 752-3667.

The
Arc

of Benton County

Advocating for People with
Developmental Disabilities
Since 1958

1885 NW 9th Street
Corvallis, OR 97330

Adaptive Families

are people who do things adaptively for their children or other family members. Our group gives support to WHOLE families with children who live with disabilities every day.



We meet at Papa's Pizza in Corvallis.

Wednesdays from 5:00-8:00

If you have questions call Candi: (541) 231-7034.

♥ *On-going* ♥

LAST CHANCE to work with OSU researcher, Stamatis Agiovlastis, who is studying the walking patterns of adults with Down syndrome. Testing involves four lab visits on the treadmill and four \$10 gift certificates. Call 737-2189 to participate.