

The Arc of Benton
County
Administration Office
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Corvallis, Oregon
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The Arc Advocate

July 2007

A non-profit organization advocating for and providing services, as needed, to individuals with developmental disabilities and their families.

We All Belong: "Arts for All" at da Vinci Days



The Arc Board 7:30 PM
1st Thursday

Odd numbered months:
Executive Board
(Officers of the Board).

Even numbered months:
Full Board of Directors
(Officers and Directors)

Finance Comm. 6:30 PM
The Arc Office
1st Thursday

Membership Committee 9:00 AM
Louise Teater's Home

Resale Committee 10:00 AM
The Arc Office
3rd Monday

Public Policy 8:30 AM
The Arc Office
3rd Thursday

Bingo Committee 10:30 AM
Springfield
3rd Wednesday

Remember to thank Elizabeth Black for bringing this unique experience into our lives!

Check out the daVinci Days website for more information:
www.davinci-days.org.

♥ A FUND-RAISING EVENING ♥

To support the Conference on Direct Supports,
a state-wide training for those who work
for individuals with developmental disabilities.



ONE-EYED JACK CASINO NIGHT

Open to the general public!

Wednesday, July 25th 6:00– 9:00pm

At LaSells Stewart Center

♥ Join us for an evening of fun and gaming

Play your favorite table games—Black Jack, Craps, Texas Hold'em

♣ Prize Drawings

Throughout the evening, scrip money can be exchanged for tickets
to win Casino Prizes (\$25 scrip money per ticket)

♠ Music by Convertible D.J.



COME FOR AN EVENING OF FUN

Admission: \$5.00

Includes \$25 in scrip money

Additional scrip money will be available at the following exchange:

\$10 cash - \$25 worth of scrip

\$20 cash - \$60 worth of scrip

\$50 cash - \$200 worth of scrip

\$100 cash - \$500 worth of scrip

Thank you to New Volunteers

We are grateful for our connection with new friends from West Hills Assisted Living. Four women— Leah Riley, Edith Grove, Nita DiOrio, and Jenny Reyes— graciously volunteered their time on an afternoon in May to help prepare the June issue of The Arc Advocate for bulk mailing.

We send out over 700 newsletters per month and to prepare them for the postal service requires several hours of collating, folding, and sorting. We appreciated their helping hands, and also those of the Activities Director at West Hills, Carrie Fairchild, who arranged for them to come to The Arc administrative office on short notice. We look forward to seeing them at future folding "parties."

Call for Thrift Store Volunteers

The Corner Store in Corvallis: 754-9011

The Center Store in Philomath: 929-3946

Greeter with side duties.

Tester for small appliances, electrical items, and electronics.

Clothing steamer (not ironing; will be trained to use the steamer).

LEGISLATIVE VICTORY IN GOVERNOR'S HANDS

The medical coverage parity for disabilities bill in the Oregon Legislature passed the Senate on a 26-2 vote June 24 after having earlier passed the House on May 11 on a 53-0 vote. HB 2918 now goes to the Governor for signature. Thanks for parents' testimonies and letters!!!

Fitness Class Participants!

The regular Tuesdays and Thursdays classes have resumed at WOW! Fitness. 327 SW 3rd Street in Corvallis. \$1 per class.

Coming : September 28, 2007

Housing Summit

Integrated Services Network Support Services



1885 NW 9th Street
Corvallis, OR 97330



The Arc of Benton County is fortunate to count among its Board of Directors, *Jeff McCubbin*, Associate Dean of Research and Graduate Studies in the College of Health and Human Sciences, Oregon State University. Dr. McCubbin is Professor of Exercise and Sport Science and is one of the directors of OSU's IMPACT program (Individualized Movement and Physical Activity for Children Today). In the program's Spring 2007 newsletter, *Active Children*, **Dr. McCubbin calls attention to new resources. He urges all families to visit the website for the National Center on Physical Activity and Disability (NCPAD) <http://ncpad.org>.** He writes, "This center has great information on many topics for health and people of all abilities. It also has a special link which includes the capacity to create and monitor goals for physical activity and nutrition." This link is: <http://ncpad.org/myncpad/>. Use of the on-line tools is free.