

The Arc of Benton
County
Administration Office
414 NW Fourth Street
Corvallis, Oregon
97330
Phone: 541-753-1711
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www.arcbenton.org

*A not-for-profit
organization
advocating for and
providing services,
as needed,
to enhance the lives of
individuals
with developmental
disabilities and their*

The Arc Board 7:30 PM
1st Thursday

Even numbered months:
Full Board of Directors
(Officers and Directors)

Odd numbered months:

Finance Comm. 6:30 PM
The Arc Office

Membership Committee 9:00 AM
Louise Teater's Home

Resale Committee 10:00 AM
The Arc Office

Public Policy 8:30 AM
The Arc Office

Bingo Committee 10:00 AM
Springfield
3rd Wednesday

The
Arc[®]

Advocate

Thanksgiving 2007

GIVING THANKS

We thank all of you who responded to the "Make a Difference" letter that was mailed out in September and also appeared in the *Fall 2007 Advocate*. Your donations are earmarked to fund the staff who interact with participants in the Socialization and Leisure Programs. We gratefully acknowledge your gifts...

*Margaret Dooley • Karin Frederick • Stephen & Beverly Hobbs
Mike & Nancy Hoffman • Casey & Lorin Hull
John & Marilyn Hull • Bud & Dot Fredericks • Nancy Jamieson
Roger & Helen King • Tricia Kocurek of Town & County Realty
Diane & Kathy Mayne • Charles and Elsa McCloskey
Katherine Merriam • Jeff & Linda Merten
Mike and Laurie Moore • Mike & Nancy Robinson
Maurine Ruzek • Ryan Sparks, DMD
Laurance & Ramona Stover • Norma Taylor
James & Beth Tevlin • Anne Marilyn Trammell
Cliff & Jo Anne Trow • Sheldon & Linda Wagner
Ben & Pam Wald • Annita O'Mealey*

A group of superb, skilled providers, under the direction of Sally Kalal in recreation and Elizabeth Black in art, make the programs The Arc offers possible. We are grateful for the work of Jonah Browning, Julie Hardenburger, Dean MacInnis, Peggy Paine, and Matt Templeton. (See the bottom of page 2 for more about these people.)



We thank **Pacific Power Foundation** for a bountiful \$3,000 grant for art storage furniture and supplies. The grant was awarded in the middle of moving the administrative office. Amid the chaos of boxes and paint fumes, Karin Frederick, Executive Director, received the uplifting call from **Doris Johnston**, regional community manager for Pacific Power. Karin says, "Daily, I celebrate the gift of artwork and our excellent staff. The Art programs capture the imagination of artists and supporters alike. The results are satisfying and beautiful. We are very grateful to the Pacific Power Foundation for recognizing the programs and offering funding. Along with art materials, we will be purchasing a storage unit and daylight lights for visually impaired artists."

The Arc is grateful to and congratulates grant-writer **Ramona Wallace**, who succeeded for the second time this year with a grant request for our art programs.

SUPER SPUD SUCCESS

We are indebted to **Barbara Sackett** whose energy and know-how brought together the successful food booth at Fall Festival—The Spuds Booth—which raised over \$2,000 in its two days of sales. We thank Barbara for coordinating the 40+ **volunteers** who served in the booth and kitchen, for setting up and overseeing the operation all weekend, and for contacting community businesses for the delicious donations of spuds toppings—broccoli, sour cream, butter, cheese, and onions. Donations were given by the **Safeway** stores, **Albertsons**, and **Fred Meyer**. **The First Presbyterian Church** allowed us to use its sparkling, commercial kitchen. Thank you all: Barbara, volunteers, donors, and church!

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We are glad that **United Way** continues its “Day of Caring .” Through this designated day of volunteering on September 10th, **The Hilton Garden Inn’s** management staff helped The Arc pick up litter along Highway 99, on our stretch of Adopt-a-Highway Program. Sally Kalal, who coordinated the event for us, claimed to have found the most unexpected trash: disposable flossers.

For The Arc’s most recent Adopt-a-Highway event on October 20th, Sally Kalal and her good-hearted friend, **Max Brown**, teamed up with OSU students from **Halsell Residence Hall—Casey O’Brien, Michael McKenna, and Kirk Wipff**. Collectively, they spent 18 hours de-trashing Highway 99 between Harrison Blvd. and Circle Blvd.

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To **Ken Hilton**, no relation to The Hilton Garden Inn, we give many thanks for the more than two days of work he volunteered at the new office —painting, plumbing, and making repairs so our new office is more pleasant and functional. We also thank **Caleb Cooke** for his help painting the meeting room.

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We thank **Heidi Eveland** of *Solar Summit* and the Philomath Downtown Association for creating and coordinating *The Monster Mad Dash, a 5K Fun Run and Walk*, held on October 20th as part of Philomath’s 125th birthday celebration. Proceeds from the event were donated to The Arc and CASA—Voices for Children.

SUPER STAFF of the RECREATION GUILD

Dean MacInnis started at The Arc during spring term 2007 as an intern from OSU’s Exercise and Sport Science Program. He was flexible in fulfilling varied roles—from selling Art Careers artists’ jewelry at an auction in Polk County to starting a cookbook with a disability focus (he was a sous chef in Eugene) to joining the afternoon program activities. At the end of his three-month internship, he expressed interest in employment. He was enthusiastically hired.

Dean graduated in June with a B.A. in Recreation Therapy and now works a couple of afternoons each week around his primary employment at Fitness Over 50. You can find Dean's name on the wall of Lakeshore Lanes in Albany where he recently bowled 300.

Elizabeth Black has been with The Arc for five years as Leisure Coordinator and Visual Arts Facilitator. She came to The Arc from the San Francisco Bay Area with years of experience as an artist and a teacher. ArtFocus and Art Careers have been created and blossomed because of her. With the artists she shares her knowledge in the use of paints, working with large surfaces, and in choosing and experimenting with a variety of brushes and tools. She also shares her sense that we all belong in the creative world. Many of you who know Elizabeth know that she is the kind of person who makes us feel welcomed wherever we are. The Oregon Coast is one of the places Elizabeth feels most attracted to; she rejuvenates there as often as possible.

Jonah Browning has filled many roles during his four years at The Arc. He has assisted Elizabeth in hanging numerous exhibits at The Arc Gallery, helped facilitate the four Arts for All events staged this year, and accompanies the weekend program routinely on outings.

Julie Hardenburger, who has been at The Arc for over a decade, is our most physically active staff and encourages others to become active no matter what their energy or fitness level. Julie leads "Creative Movement," a water aerobics class at Osborn Aquatic Center. At the recent Oregon Conference on Direct Supports her presentation on movement was met with enthusiasm. She is admired by others for her positive demeanor; she appears to not have bad days...it must be the Mangosteen! Julie is pursuing a B.A. in physical therapy and is currently enrolled in the infamous Math 95 (Intermediate Algebra) at LBCC. She is as determined a math student as she is beloved an activities leader.

Matt Templeton has the longest tenure of any male staff in the afternoon program at The Arc—three years. He is completing a degree at OSU in mass media communication and recently interned for the History Channel (Mt. Hood) in an unusual project studying air of 10,000 years ago. Matt attended middle school with some of our participants; he is appreciated for bringing out the lighter side in others with his charismatic and jovial nature.

Peggy Paine, a long-time volunteer who recently joined the staff, is an artist whose first medium is photography. Her photographs have been printed in "The Arc Recreation Calendar." She will be working with Elizabeth to create art photography workshops. Peggy worked at Upward Bound for many years doing arts and crafts. We are lucky to have this caring, compassionate person on our staff.

Sally Kalal was 14 when she was given an assignment by a middle school teacher to participate in community service. A family member recommended to young Sally that volunteering with Julie Hardenburger would be a golden opportunity. Sally followed this lead to The Arc where she found a mentor and service that made her happy. We have been lucky to hire her this year as Community Inclusion & Recreation Leader. She made a smooth transition into her position having known and worked with many of the program participants, their families, and service coordinators. Sally has many fans among participants and co-workers, and she, in turn, says, "The wonderful staff—who rise to all occasions, no matter how difficult or elaborate—make the programs possible."

CHRISTMAS IS COMING!
 The CHRISTMAS PAGEANT and The Arc CHRISTMAS RECEPTION
 Wednesday, December 5, 2007
 At the First Presbyterian Church
 114 SW 8th Street in Corvallis



CHRISTIAN EDUCATION WITH INDIVIDUALS
 WITH DEVELOPMENTALLY DISABILITIES

This is our opportunity to give a LOVE gift to
 The Arc of Benton County, the community,
 and the First Presbyterian Church.

Preparation and practice: Sundays in November, starting November 4th during the 11:00 o'clock hour. Anyone wanting to be in the pageant or to help with it, contact Betty Olleman 752-3667 or Judy Winkler 753-8682.

Last Sunday morning rehearsal: December 2nd.

Dress rehearsal: Monday evening, December 3rd, 7—9 pm.

Performance: Wednesday evening, December 5th, 7:30 pm. Cast must arrive by 7 pm.

Second Performance: Sunday, December 9th at the 11 am worship service.

Reception: In the Education Hall for actors, their families and friends following the December 5th Pageant performance.

Home-baked goodies to share would make the reception festive and delicious!

SAVE THE DATE

December 3, 2007. The Arc Resale volunteers & staff are invited to the Christmas Potluck & White Elephant Gift Exchange!

At The Calvin Presbyterian Church
 1736 NW Dixon Street 11:30 am—1:30 pm.



May 18, 2008. Celebrate The Arc of Benton County's 50th Anniversary. Plans to be announced.

APPLICATION DEADLINE: November 9, 2007

Partners in Policymaking

Partners in Policymaking (PIP), a leadership training program established in 46 states, focuses on imparting knowledge and skills to adults with developmental disabilities and to parents of children with developmental disabilities in order for them “to influence the issues, agencies and people affecting their lives.” In PIP, participants learn how to advocate in the policymaking process at all levels. Nationally, PIP has over 15,000 graduates who have become part of the community network serving on local, state, and national advisory committees, commissions, and boards.

Oregon’s PIP has announced its 2008 program dates which begin with a two-day session in February, and continue with monthly two-day intensives through October. Applications to participate are due soon—**November 9, 2007**. *Please consider applying if you are motivated to work toward improving support and services, inclusion and accessibility, best practices and other important issues in creating healthy communities.* Adults with developmental disabilities and parents of children (under the age of 22) who have developmental disabilities may apply. Participants’ costs (including all classes, meals, lodging, and transportation) are paid by The Arc of Oregon and the Oregon Council on Developmental Disabilities so the program is **FREE** to those who are selected.

Topics covered during the monthly intensives range from the history of the disability rights movement to whole-life planning and legislative issues.

Applications are available at The Arc of Benton County office or online at www.oregonpartners.org.



PLAN HEAD

May 30—31, 2008. Attend the **Oregon Disability MegaConference** Friday and Saturday at The Riverhouse Resort, Bend. The conference will bring together people, organizations, service providers and agencies to share information on education, employment, transition, housing, self-determination, systems change, public policy, inclusion, assistive technology, and self-advocacy.

PREMIERE OPENING
NOVEMBER 30TH



**WE'RE NOT JUST MOVING,
WE'RE IMPROVING!**

Highlights:

- New, clean & friendly atmosphere
- Smoke free environment
- State of the art bingo equipment
- Color, flat panel monitors
- Video Poker and social gaming area
- Fast & convenient snack bar
- Cozy and heated smoking patio

**DOORS OPEN AT 3:30 PM
4181 E STREET, SPRINGFIELD**

The Bingo Hall is an important source of income for The Arc of Benton County. Its revenue supports The Arc's programs and advocacy work.

Information

From the Family Support Program of OHSU/Oregon Center for Children With Special Health Needs

On the facing page is the announcement from the Family Support Program (FSP) which allows families of children (through age 21) with special health needs to access up to \$750 per family per year. It gives eligibility information and contact numbers. FSP money is for health items, camps, conferences for families to learn more about their child's disability, but not for respite or therapies *per se*. Examples of FSP services are adaptive equipment, disposable medical supplies, oral appliances, equipment rentals, specialized nutrition, interpreter services, therapeutic activities, feeding supplies, and crisis fund. Requests must be made by a provider or case manager/service coordinator.



Family Support Program

Family Support

Provides financial assistance for products, resources, or other service items related to the care of a child with special health needs.

General Eligibility

Requests can be submitted through a representative of one of the Oregon Center for Children with Special Health Needs (OCCYSHN) Programs (CaCoon, Community Connections Network, Family Involvement Network or other OCCYSHN grant activities), or directly to the Family Support Program (FSP) by a health, education or agency advocate.

- Children birth to 21 years of age
- Families must live in Oregon or pay Oregon income tax

Medical Eligibility

Medical eligibility for the Family Support Program includes children that have long-term developmental, physical or medical conditions. All three of the following elements must exist for a child to be eligible for the Family Support Program.

- The special health need is complex enough to
 - Restrict growth and development, or
 - Restrict the ability to engage in usual activities, or
 - Create a functional limitation
- The condition requires specialty medical care or more medical services than a typically developing child of the same age.
- The condition has lasted or is likely to persist at least 12 months.

Financial Eligibility

Raising a child with a special health need can cause financial hardship for families, regardless of their income. Therefore, the OCCYSHN will not impose an income limit or conduct a formal financial screening process to determine eligibility. Financial eligibility is based on the following:

- Due to limited funding, priority is given to those families who have a true demonstrated need.
- Family financial need will be determined by the individual who is facilitating the request on behalf of the family. A statement of financial need is required.
- FSP dollars are the payment of last resort.
- Annual cap of \$750.00 per child, per year.

Contact Information

For information or questions about the Family Support Program, please call:

Toll free: 1-877-307-7070

Fax: 503-494-2755

Patricia Langston
Coordinator
503-494-2765
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Nancy Magin
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414 NW Fourth Street
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U.S. Postage
PAID
Corvallis, Oregon
Permit No. 18

Administrative Office has moved!

IMPORTANT PUBLIC FORUM

Time & Place to be Announced

Representative Sara Gelsler and former Governor John Kitzhaber want to meet with a group of families who have children with complex medical needs. They need testimony to hone the language of Senate Bill 27 (SB 27), the *Oregon Better Health Care Act*. Public input will be used to build consensus about what Oregonians value as health care resources, which will eventually guide allocation decisions. It is important for our legislator and the person who began The Archimedes Movement (an organization to help people legislate for better access to health coverage) to have a full picture of what the families whose children have complex medical needs really are.

Call The Arc if you would like to be notified of this opportunity as soon as the time and place are confirmed. 753-1711.