




The Arc

Afternoon Activities (Mon, Tues, Fri) cell 541-602-9225
 ArtFocus & Weekend Activities cell 541-602-2269
The Arc of Benton County Recreation Guild

JULY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Bodies in Motion With Julie & Nickelle Details inside...  Saturdays: July 10th, 24th, & 31st		1 Thursday ArtFocus Art Careers	2 2:15—5:30 Bowling Bring cash for your drink			
4 4th Of July	5 No Program 	6 Afternoon Activities 2:30—3:30 Drama Squad!	7 Art Focus	8 Thursday ArtFocus Art Careers	9 2:15—5:30 Bowling Bring cash for your drink	10 10—11 Bodies in Motion with Julie & Nickelle
11	12 2:15—5:30 Pizza Day & River Walk Bring cash for your drink	13 Afternoon Activities 2:30—3:30 Drama Squad!	14 Art Focus	15 Thursday ArtFocus Art Careers	16 2:15—5:30 Bowling Bring cash for your drink	17 July 16th, 17th, & 18th da Vinci Days
18	19 2:15—5:30 Library & Sunnyside Bring cash for your drink	20 Afternoon Activities 2:30—3:30 Drama Squad!	21 Art Focus	22 Thursday ArtFocus Art Careers	23 Bowling Friday, July 23 5:30—9:30 Dinner & Movie	24 10—11 Bodies in Motion with Julie & Nickelle
25	26 2:15—5:30 Pizza Day & River Walk Bring cash for your drink	27 Afternoon Activities 2:30—3:30 Drama Squad!	28 Art Focus	29 Thursday ArtFocus Art Careers	30 2:15—5:30 Bowling	31 10—11 Bodies in Motion
Friday, July 30th Summer of Fun Dance						

Recreation Guild

The Arc Afternoon Activities

The Afternoon Activities are for high school students and adults who have developmental disabilities. Meet and pick up for all Afternoon Activities in the First United Methodist Church Community Center, 11th and Jackson Street on Monday, Tuesday, and Friday, 2:15 to 5:30 pm. Participants need to sign up for each day they plan to attend. For more information or to register, contact Elizabeth 541-753-1711.

The cost of the Afternoon Activities is \$15 per day, plus program expenses: tickets, bowling, etc.

The Arc Weekend & Art Activities

The Arc Weekend & Art Activities are for individuals with developmental disabilities ages 16 and up. Please sign up in advance (or cancel) by the Wednesday before the activity. We need at least five people to attend an activity or we'll have to cancel it. For more information contact: Elizabeth 541-753-1711. To begin and every year thereafter, a participant with DD must have a current profile on file with The Arc. You can get a form to print online at www.arcbenton.org or from The Arc administration office at 414 NW Fourth St., Corvallis.

Saturdays: July 10th, 24th, & 31st 10—11 am

Bodies in Motion

With
Julie & Nickelle

Join Julie Hardenburger and Nikelle Hublely for a morning of inspiring movement, funky music, and laughter. We'll also learn to make delicious, fruity smoothies!

Cost: \$5 per class—pay at the door.

The First United Methodist Church, B-18 (the ArtFocus room), 11th & Jackson St.

Questions? Call Elizabeth at 541-753-1711.

Drama Squad! Tuesdays 2:30—3:30 pm

Nikelle Hubly is directing Drama Squad! She's doing a great job and preparing the group for a play with fun warm-ups. Be prepared to laugh and have a good time.

Cost: \$5 per class—pay at the door.

The First United Methodist Church, Game Room, 11th & Jackson St.

Questions? Call Elizabeth at 541-753-1711.

Friday, July 30th

7—9 pm



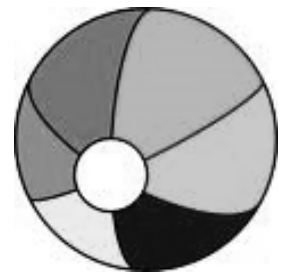
Summer of Fun Dance

Co-sponsored by The Arc & SPARC

with Rockin' Music by DJ Walt

Admission: \$4 per person

Location: The First United Methodist Church Gym, 11th & Jackson St.



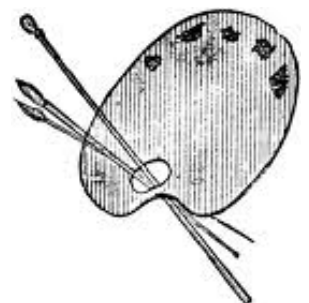
Wednesdays: June 30th, July 7th, 14th, 21st, and 29th

ArtFocus Outdoors

Time to draw and paint under a cherry tree or on a large covered deck. Rain is no problem!

Come at your usual time.

Location: 1755 NW Arthur Circle



ArcBenton.org
414 NW Fourth Street
Corvallis, OR 97330

Call 541-753-1711 to change your
calendar mailing address

Non-Profit Org.
U.S. Postage
PAID
Corvallis, Oregon
Permit No. 18

The **Flash of Insight** Art Exhibit featuring 23 ArtFocus Artists was displayed by invitation at Pacific University in Hillsboro during the month of May. The exhibit is now showing at the InSight Gallery, located in The Arc administrative offices, 414 NW Fourth St., Corvallis.

Julie's Water Movement Class

4:00 pm Thursdays
Osborn Aquatic Center



Friday, July 23—Dinner & Movie

*5:30 pm—9:30 pm (approximate times)
Summer blockbuster time at the movies!*

Meet: Bamboo Restaurant.

Pick up: Carmike.

Sign up: By Tuesday, July 20th

Bring: About \$12 for dinner

& \$9.50 for the movie.

Cost: The staff cost of \$25 billed by The Arc.